

Heat A						
Pos	Race no.	Name	Gender	Cat	Club	Time
1	312	PAUL PETERS	M	MSEN	SALE HARRIERS MANCHESTER	00:15:11
2	324	MICHAEL MANNINGS	M	MV35	SALFORD HARRIERS & AC	00:15:15
3	279	CLARK GRANTMYRE	M	MSEN	SALFORD HARRIERS & AC	00:15:22
4	74	AARON BARKER	M	MV35	ROSSENDALE HARRIERS & AC	00:15:28
5	280	DANIEL SUTTON	M	MSEN		00:15:30
6	337	ARUN DIGHT	M	MSEN	VALE ROYAL AC	00:15:50
7	207	KIERAN CANN	M	MSEN	SALFORD HARRIERS & AC	00:15:53
8	343	ELLIOT KERINS	M	MSEN	PENNY LANE STRIDERS	00:15:54
9	281	JONATHAN PICKUP	M	MSEN	DIDSBURY RUNNERS	00:15:55
10	208	JOE BARTON	M	MSEN		00:16:00
11	333	JORDAN JAMES HUGHES	M	MV35		00:16:05
12	344	OLIVER WALKER	M	MU20	EAST CHESHIRE HARRIERS & TAMESIDE AC	00:16:07
13	329	TORRIN BLAZEBY	M	MSEN	SALE HARRIERS MANCHESTER	00:16:13
14	265	IAN CARRUTHERS	M	MV45		00:16:15
15	311	BRENT GARDNER	M	MV35	TRAWDEN ATHLETIC CLUB	00:16:21
16	236	LUKE MCILVENNA	M	MSEN	SALFORD HARRIERS & AC	00:16:22
17	282	LIAM BOUGHEY	M	MV35		00:16:33
18	327	JAMES LEWIS	M	MV45	SALFORD HARRIERS & AC	00:16:42
19	275	JEFF PREST	M	MV50	TRAFFORD ATHLETIC CLUB	00:16:43
20	270	JACK GRIFFITHS	M	MV35	BURY ATHLETIC CLUB	00:16:52
21	271	COLIN LATHAM	M	MV45	DRAGONS RUNNING CLUB (SALE)	00:16:55
22	235	TOM THOMAS	M	MSEN	VALLEY STRIDERS AC	00:16:58
23	313	RYAN HALLWORTH	M	MSEN	BURY ATHLETIC CLUB	00:16:59
24	170	SAM MABBOTT	M	MV40	EAST CHESHIRE HARRIERS & TAMESIDE AC	00:16:59
25	264	JAMES HENDERSON	M	MV50	ROYTON ROAD RUNNERS	00:17:00
26	255	LUKE MERRICK	M	MV35		00:17:01
27	276	IAN DEAN	M	MV40	HYDE VILLAGE STRIDERS	00:17:12
28	345	MICHAEL FLEMING	M	MV45	ROYTON ROAD RUNNERS	00:17:13
29	277	MATT PILKINGTON	M	MV40		00:17:14
30	243	JOE WILSON	M	MSEN		00:17:14
31	336	PHIL BRYDGES	M	MV50	CHORLTON RUNNERS	00:17:16
32	328	LEO LOUGHRAN	M	MV45	BELLE VUE RACERS	00:17:17
33	229	TOM MCMAHON	M	MV45	EAST CHESHIRE HARRIERS & TAMESIDE AC	00:17:17
34	339	HARRY CLAYTON	M	MSEN		00:17:18
35	252	JACK MILLAR	M	MSEN	ROYTON ROAD RUNNERS	00:17:18
36	214	LUKE LAWSON-HEALEY	M	MSEN	ROYTON ROAD RUNNERS	00:17:30
37	266	ANDY SMITH	M	MV45	MIDDLETON HARRIERS AC	00:17:30
38	262	JORDAN LITTLEHALES	M	MSEN	STOCKPORT HARRIERS & AC	00:17:41
39	269	BRETT SPIVEY	M	MV40	ROYTON ROAD RUNNERS	00:17:46
40	283	VIC WALSH	M	MV45	BELLE VUE RACERS	00:17:47
41	338	JACOB EASTWOOD	M	MSEN	LONELY GOAT RC	00:17:52
42	341	RACHAEL ROZHDESTVENSKAYA	F	FV35	SALE HARRIERS MANCHESTER	00:17:53
43	260	JAMES PATERSON	M	MSEN	SALFORD METROPOLITAN AC	00:18:01
44	87	ADAM BATTERSBY	M	MV40	MOSSLEY RUNNING CLUB	00:18:02
45	274	ABIGAIL WARBURTON	F	FSEN		00:18:02

Heat B						
Pos	Race no.	Name	Gender	Cat	Club	Time
1	334	JAMES ROOK	M	MU20	EAST CHESHIRE HARRIERS & TAMESIDE AC	00:17:43
2	162	MATTHEW FINCH	M	MV35	BURY ATHLETIC CLUB	00:17:46
3	317	CHRISTIAN JONES	M	MSEN		00:17:46
4	248	KIERAN HURSTHOUSE	M	MSEN	HYDE VILLAGE STRIDERS	00:17:52
5	160	SHANE READING	M	MV50	ROYTON ROAD RUNNERS	00:17:54
6	232	MARK COLLIER	M	MV50	SALFORD HARRIERS & AC	00:18:00

7	257	WAYNE O'CONNELL	M	MV35	MIDDLETON HARRIERS AC	00:18:05
8	176	MICHAEL LAXTON	M	MV40		00:18:06
9	148	MATTHEW BAILEY	M	MU20		00:18:08
10	325	BEN DALE	M	MU20	EAST CHESHIRE HARRIERS & TAMESIDE AC	00:18:12
11	245	NATHANIEL LEAKE	M	MSEN		00:18:15
12	314	BARRY-JOHN MCMANUS	M	MV50	SALFORD HARRIERS & AC	00:18:22
13	332	PAUL STEPHENS	M	MV40	SALFORD HARRIERS & AC	00:18:28
14	261	DAVID CORNES	M	MV40		00:18:29
15	198	MAISIE WAINWRIGHT	F	FSEN	ROYTON ROAD RUNNERS	00:18:30
16	320	LEON WINT	M	MV35	MIDDLETON HARRIERS AC	00:18:31
17	307	CHIARA YOUNG	F	FSEN	SALE HARRIERS MANCHESTER	00:18:34
18	258	HACO SANTANA	M	MV45	EAST CHESHIRE HARRIERS & TAMESIDE AC	00:18:35
19	263	ASHLEY MCCABE	M	MSEN	MIDDLETON HARRIERS AC	00:18:36
20	233	ANDREW SYKES	M	MV40	EAST CHESHIRE HARRIERS & TAMESIDE AC	00:18:38
21	249	MIKE KENNEDY	M	MSEN	EAST CHESHIRE HARRIERS & TAMESIDE AC	00:18:39
22	65	GARETH BRIGGS	M	MV50	MACCLESFIELD HARRIERS & AC	00:18:39
23	209	MARC TARSKY	M	MSEN	WILMSLOW STRIDERS	00:18:40
24	238	LEO CAIN	M	MV45	MIDDLETON HARRIERS AC	00:18:40
25	239	MARTIN SAMPSON	M	MV45	MIDDLETON HARRIERS AC	00:18:44
26	247	LUCY DENT	F	FU20	BURY ATHLETIC CLUB	00:18:47
27	244	FRANCOIS CLAUD	M	MV35	ROYTON ROAD RUNNERS	00:18:52
28	278	DYLAN MACKIE	M	MSEN	HYDE VILLAGE STRIDERS	00:18:57
29	256	LEWIS BROWN	M	MSEN	SALFORD HARRIERS & AC	00:18:59
30	56	JAMES HARTSHORNE	M	MV40	EAST CHESHIRE HARRIERS & TAMESIDE AC	00:18:59
31	212	COURAGE RUWANZA	M	MSEN		00:19:01
32	222	RYAN FROST	M	MSEN	ROYTON ROAD RUNNERS	00:19:03
33	331	JAMES MOULTON	M	MSEN	ROYTON ROAD RUNNERS	00:19:06
34	237	JOSH TAYLOR	M	MV35	EAST CHESHIRE HARRIERS & TAMESIDE AC	00:19:07
35	335	AARON MARSH	M	MV35		00:19:31
36	246	HELEN BERRY	F	FV35	PRESTWICH AC	00:19:36
37	323	IAN EMERTON	M	MV50	DRAGONS RUNNING CLUB (SALE)	00:19:47
38	267	LAURA COUCILL	F	FV40	SALFORD HARRIERS & AC	00:19:49
39	228	ELOISE BILLINGTON	F	FSEN	CHORLTON RUNNERS	00:19:51
40	268	MATT AULT	M	MV40		00:19:53
41	319	ALAN WARDLE	M	MV60	EAST CHESHIRE HARRIERS & TAMESIDE AC	00:19:53
42	81	CIARAN MOLLOY	M	MV40	EAST CHESHIRE HARRIERS & TAMESIDE AC	00:19:54
43	230	ERIN MCMAHON	F	FU20	EAST CHESHIRE HARRIERS & TAMESIDE AC	00:19:54
44	316	OLIVER POZEGIC	M	MSEN	ROYTON ROAD RUNNERS	00:19:56
45	272	CHARLOTTE HAYWOOD-PERCIVAL	F	FSEN	SALFORD HARRIERS & AC	00:20:04
46	304	BARRY HIRST	M	MV60	EAST CHESHIRE HARRIERS & TAMESIDE AC	00:20:08
47	242	HARRIET GRIFFITHS	F	FV35	HEADINGTON RR	00:20:12
48	273	MARIANNE BEEVOR	F	FV35	STOCKPORT HARRIERS & AC	00:20:20
49	224	HOLLY GRAHAM	F	FSEN		00:20:20
50	254	ROWENA MOSS	F	FSEN		00:20:27
51	306	CAROL HIGGS	F	FV60	TRENTHAM RC	00:20:38
52	250	MARTIN CROMBIE	M	MV55		00:20:47
53	253	ADRIAN HAZLEHURST	M	MV45	HYDE VILLAGE STRIDERS	00:20:52
54	259	WILLIAM PRITCHARD	M	MV40	STOCKPORT HARRIERS & AC	00:20:52
55	342	MALCOLM ORRELL	M	MV35	SALFORD METROPOLITAN AC	00:21:20
56	75	SCOTT GRAHAM	M	MV40		00:21:26
57	225	SHANE SKILLIN	M	MSEN	MACCLESFIELD HARRIERS & AC	00:22:08

Heat C

Pos	Race no.	Name	Gender	Cat	Club	Time
1	91	MISHKA PILLAY	M	MV35	MIDDLETON HARRIERS AC	00:19:49
2	241	ZOE STORR	F	FV35	TRAFFORD ATHLETIC CLUB	00:19:51

3	100	LOUISE GRAY	F	FV45	MIDDLETON HARRIERS AC	00:20:27
4	213	DANNY BETTS	M	MSEN	CHORLEY ATHLETIC AND TRIATHLON CLUB	00:20:30
5	173	STEVEN BIBBY	M	MV50	MIDDLETON HARRIERS AC	00:20:31
6	226	CARMEN DICKINSON	F	FSEN		00:20:35
7	309	MARK BOUSIE	M	MV45	STOCKPORT HARRIERS & AC	00:20:51
8	240	STEPHANIE MALLETT	F	FV45	HYDE VILLAGE STRIDERS	00:20:58
9	302	JODY BEECH	F	FV40	ELLESMERE PORT RC	00:20:58
10	204	LIAM PARKER-WORSLEY	M	MSEN	DANE BANK RUNNING CLUB	00:20:59
11	99	ANDY HALL	M	MV55	ROYTON ROAD RUNNERS	00:21:04
12	66	ELLA STRAFFON-FINCH	F	FU20	BURY ATHLETIC CLUB	00:21:07
13	199	CARL O'CALLAGHAN	M	MV50	ROYTON ROAD RUNNERS	00:21:12
14	155	LISA HALL	F	FV50	FREEDOM TRI	00:21:14
15	221	JO BISHOP	F	FV40	MIDDLETON HARRIERS AC	00:21:17
16	301	BARRY PETER GREAVES	M	MV65	ROYTON ROAD RUNNERS	00:21:19
17	227	BERNI CAIN	F	FV40	MIDDLETON HARRIERS AC	00:21:24
18	215	DAVID EMANUEL	M	MV60	ROYTON ROAD RUNNERS	00:21:28
19	220	NEIL BROCK	M	MV60		00:21:29
20	217	DANIEL HEATON	M	MV40	EAST CHESHIRE HARRIERS & TAMESIDE AC	00:21:30
21	156	TONI WILSON	F	FV35	MIDDLETON HARRIERS AC	00:21:34
22	234	JAMIE NASH	M	MV35	NO SHOE RUNNING CLUB	00:21:39
23	86	ALIESHA SMITH	F	FSEN	EAST CHESHIRE HARRIERS & TAMESIDE AC	00:21:46
24	205	JOHN HENDRICK	M	MV45	ROYTON ROAD RUNNERS	00:22:03
25	310	FRED GARDNER	M	MV35	DANE BANK RUNNING CLUB	00:22:08
26	210	MICHAEL WILD	M	MV50	MIDDLETON HARRIERS AC	00:22:16
27	193	MEGAN KERR	F	FSEN		00:22:17
28	251	STEPHEN LIMB	M	MV50	HYDE VILLAGE STRIDERS	00:22:23
29	321	RUTH BERESFORD	F	FV35	TRAFFORD ATHLETIC CLUB	00:22:28
30	157	JOANNE HACKETT	F	FV55	MACCLESFIELD HARRIERS & AC	00:22:35
31	159	ROCHELLE READING	F	FV50	ROYTON ROAD RUNNERS	00:22:40
32	326	JONATHAN COOMBS	M	MV40		00:22:45
33	195	JENNIFER GARNER	F	FSEN	HYDE VILLAGE STRIDERS	00:22:50
34	303	GAIL SHAW	F	FV60	ROYTON ROAD RUNNERS	00:22:56
35	151	DAMIAN SMITH	M	MV40		00:23:00
36	149	LIZ BAILEY	F	FV45	GLOSSOPDALE HARRIERS	00:23:13
37	88	JOHN LARGE	M	MV50		00:23:15
38	171	JENNIFER MABBOTT	F	FV40	EAST CHESHIRE HARRIERS & TAMESIDE AC	00:23:19
39	322	MARK JOHN FORAN	M	MV50	ROYTON ROAD RUNNERS	00:23:39
40	308	NIGEL HARRISON	M	MV60	STOCKPORT HARRIERS & AC	00:23:55
41	153	KATHERINE BRIERLEY	F	FV55	ROYTON ROAD RUNNERS	00:24:03
42	76	CHELSEA MEARS-GRAHAM	F	FV40		00:24:05
43	200	SUZANNE DARKE	F	FV50	ROYTON ROAD RUNNERS	00:24:12
44	315	SEAN BLINKHORN	M	MV35	EAST CHESHIRE HARRIERS & TAMESIDE AC	00:24:16
45	197	ADAM APPLEYARD	M	MSEN		00:24:24
46	177	SHARON WOODS	F	FV55	HYDE VILLAGE STRIDERS	00:24:32
47	231	SAM BARKER	M	MV35		00:24:49
48	183	FAYE AYDIN	F	FV45	MIDDLETON HARRIERS AC	00:24:53
49	174	SALLY ANDERSON	F	FV40		00:24:56
50	84	DARREN SMITH	M	MV45	HYDE VILLAGE STRIDERS	00:24:56
51	202	OWEN FLAGE	M	MV50	ROYTON ROAD RUNNERS	00:25:40
52	218	ANDY ROBSON	M	MV40	HYDE VILLAGE STRIDERS	00:27:07

#### Heat D

Pos	Race no.	Name	Gender	Cat	Club	Time
1	150	ARTHUR GRENFELL	M	MU20	SETTLE HARRIERS	00:18:01
2	216	MARTIN KENT	M	MV40	ROYTON ROAD RUNNERS	00:22:55
3	182	ROISIN JORDAN	F	FU20	OLDHAM & ROYTON H & AC	00:23:17
4	166	LAURA BLYTHIN	F	FV45	MOSSLEY RUNNING CLUB	00:23:44

5	165	MATTHEW CARTNER	M	MV35	ROYTON ROAD RUNNERS	00:24:35
6	175	STEPHEN ROGOWSKYJ	M	MV65	ROYTON ROAD RUNNERS	00:24:37
7	78	DEBBIE SHEEN	F	FV55	MIDDLETON HARRIERS AC	00:24:40
8	161	CAROL KERSHAW	F	FV55	HYDE VILLAGE STRIDERS	00:25:16
9	61	JANE GALLIANO	F	FV55	FREEDOM TRI	00:25:53
10	72	YOLANDA FARRELL	F	FV40	MIDDLETON HARRIERS AC	00:26:03
11	70	SOPHIE WARD	F	FSEN	HYDE VILLAGE STRIDERS	00:26:05
12	211	BERNARD CASSIDY	M	MV65	ROYTON ROAD RUNNERS	00:26:20
13	63	MIKE GRIMSHAW	M	MV50	MIDDLETON HARRIERS AC	00:26:21
14	158	KAREN HALLETT	F	FV50	MIDDLETON HARRIERS AC	00:26:31
15	181	JANINE JORDAN	F	FV40	MIDDLETON HARRIERS AC	00:26:43
16	97	NICOLA SHORE	F	FV45	MOSSLEY RUNNING CLUB	00:26:51
17	67	FIONA BOLTON	F	FV70		00:26:52
18	190	ADAM BROWN	M	MSEN		00:26:56
19	189	ROSE ROWSON	F	FV65	MIDDLETON HARRIERS AC	00:27:01
20	89	NIKKI MILLS	F	FV45	OLDHAM & ROYTON H & AC	00:27:17
21	169	STEVEN DOUBLEDAY	M	MV45		00:27:20
22	80	KATIE FORREST	F	FV45		00:27:28
23	184	CRAIG SUTHERLAND	M	MV65	MIDDLETON HARRIERS AC	00:27:33
24	191	DAWN ANDERSON	F	FV55	MIDDLETON HARRIERS AC	00:27:57
25	62	JOHN HALL	M	MV75	MIDDLETON HARRIERS AC	00:27:59
26	192	CLAIRE TIMMS	F	FV50	ROYTON ROAD RUNNERS	00:28:05
27	196	SARAH PRESSDEE	F	FV50	HYDE VILLAGE STRIDERS	00:28:08
28	95	RONNIE QUINN	M	MV70	ROYTON ROAD RUNNERS	00:28:13
29	57	RACHAEL HORROCKS	F	FV50	HYDE VILLAGE STRIDERS	00:28:16
30	79	DAVE BARDSLEY	M	MV45	ROYTON ROAD RUNNERS	00:28:31
31	60	BILLIE CHAMBERLAIN	F	FV35	ROYTON ROAD RUNNERS	00:28:36
32	172	STEPHEN SENIOR	M	MV70	MIDDLETON HARRIERS AC	00:28:37
33	194	NATALI BROWN	F	FV40	ROYTON ROAD RUNNERS	00:28:43
34	206	MARTINA NAISMITH	F	FV50	ROYTON ROAD RUNNERS	00:28:43
35	163	HOWARD MILLS	M	MV75	ROYTON ROAD RUNNERS	00:28:48
36	71	ELAINE BROWN	F	FV60	ROYTON ROAD RUNNERS	00:29:07
37	69	NICKY HALL	F	FV50	ROYTON ROAD RUNNERS	00:29:12
38	164	SHARON DRACUP	F	FV60	ROYTON ROAD RUNNERS	00:29:16
39	83	ALISON ROYLE	F	FV50	ROYTON ROAD RUNNERS	00:29:27
40	82	LAUREN LEWIS	F	FV45	ROYTON ROAD RUNNERS	00:29:55
41	152	RICHARD DOUGLAS	M	MV50	ROYTON ROAD RUNNERS	00:30:08
42	85	KERRY SMITH	F	FV40	HYDE VILLAGE STRIDERS	00:30:08
43	186	MATTHEW LUCCOCK	M	MV45	DRAGONS RUNNING CLUB (SALE)	00:30:18
44	98	STEVEN WARD	M	MV40	DRAGONS RUNNING CLUB (SALE)	00:30:19
45	168	JOANNE DOUBLEDAY	F	FV40		00:30:27
46	167	AMANDA CREGG	F	FV55	MIDDLETON HARRIERS AC	00:30:48
47	203	SHARON LEACH	F	FV55	ROYTON ROAD RUNNERS	00:31:10
48	68	LINDA SADLER	F	FV50	MIDDLETON HARRIERS AC	00:31:13
49	180	JOSH JACKSON	M	MSEN		00:31:21
50	201	JOHN KENNEDY	M	MV55		00:31:24
51	92	MICHELLE SMITHIES	F	FSEN	OLDHAM & ROYTON H & AC	00:31:58
52	188	TERESA HOLLINS	F	FV70	MIDDLETON HARRIERS AC	00:31:59
53	73	KAREN STUTTARD	F	FV55	OLDHAM & ROYTON H & AC	00:32:10
54	77	STEPHEN MCATAMNEY	M	MV60	MIDDLETON HARRIERS AC	00:32:19
55	90	PHILIP CUST	M	MV45		00:33:06
56	179	MATT REYNOLDS	M	MV55		00:33:06
57	178	EMMA WILSON	F	FV35	OLDHAM & ROYTON H & AC	00:33:24
58	64	LISA GRIMSHAW	F	FV50	MIDDLETON HARRIERS AC	00:33:34
59	96	BERNADETTE BALL	F	FV70	ROYTON ROAD RUNNERS	00:34:14
60	93	ZEYNEL AYDIN	M	MV80	MIDDLETON HARRIERS AC	00:35:42

61	154	SHIRLEY HALL	F	FV75	MIDDLETON HARRIERS AC	00:35:50
62	58	VICTORIA EDGAR-PITT	F	FV40		00:36:48
63	94	JULIE BAXTER	F	FV50		00:37:58
64	59	STACEY DOUGLAS	F	FV40	ROYTON ROAD RUNNERS	00:38:11
65	185	JUNE ALLINGAN	F	FV80	ROYTON ROAD RUNNERS	00:39:46